



Home Sustainability Challenge: "Small Steps, Big Future"

Dear Families,

At Jigsaw Pre School, we are working hard to protect our planet for the next generation. We invite you to try these simple, fun activities at home to help our children become "Climate Champions"



Pillar 1: Biodiversity (Connecting with Nature)

- **The "Five Senses" Walk:** Take a walk around your neighbourhood or a local park. Ask your child: "What can you hear (birds)? What can you smell (flowers)? What does the tree bark feel like?".
- **Wild Cafe:** Put out a small dish of water or some birdseed on a windowsill or garden to observe the local wildlife.



Pillar 2: Decarbonisation (Reducing Waste)

- **The "Tap Guard":** Teach your child to be a "Tap Guard" by making sure the water is turned off while they brush their teeth.
- **Eco-Lunchbox Challenge:** Try to pack a "zero-waste" snack or lunch using reusable containers instead of plastic bags or cling film.



Pillar 3: Climate Education (Learning Together)

- **Storytime Reflection:** When reading books together, look for nature in the pictures. Talk about how we can be kind to the trees and animals in the story.
- **Toy Hospital:** Before throwing away a broken toy, see if you can "heal" it together with tape or glue to teach the value of repairing over replacing.



Pillar 4: Resilience & Adaptation (Understanding Change)

- **Weather Dressing:** Before heading out, look out the window together. Discuss the weather and ask your child to choose the right gear—like a sun hat or wellies—to stay safe and comfortable.

- **Walk, Cycle, or Scoot:** Whenever possible, try to leave the car at home for short trips to the shops or the setting.

Setting Goal: If you complete an activity, tell us about it or send a photo! We will display these to inform and inspire others on the steps we are taking together.